

TECUMSEH TRIATHLON WEEKEND
 TRIATHLON * DUATHLON * DO-A-DU * TRY-A-TRI
 TECUMSEH, ONTARIO
 JULY 30, 2017 * 8:30AM

*** DO-A-DU SPLITS ***
 *** 1.6K RUN / 16K BIKE / 3K RUN ***

Place	Sex/Tot	No.	Name	Ag	Sex	Rank	Run1	T1	Rank	Bike
T2	Rank	Run	Pace	Finish						
1	1/6	355	Keenan Xierchez	31	M	2	6:50	0:51	1	
28:26	0:56	1	15:15 5:05	52:16						
2	2/6	153	René Tamminga	52	M	5	7:34	0:39	2	
29:07	0:37	4	16:57 5:39	54:53						
3	3/6	350	Scott Lacey	45	M	1	6:45	0:28	3	
32:17	0:36	3	16:14 5:25	56:19						
4	1/3	337	Bonnie Handfield-Jo	39	F	3	7:24	0:41	6	
34:07	0:31	2	15:19 5:07	57:59						
5	2/3	336	Jodylyn Fedak	40	F	6	7:46	0:46	4	
33:54	0:42	5	17:20 5:47	1:00:26						
6	4/6	352	Robert O'Neil	44	M	4	7:30	0:48	7	
35:23	0:46	6	17:58 6:00	1:02:22						
7	5/6	351	Miguel Marin	37	M	7	8:04	1:19		
32:06	8	21:18	7:06 1:02:46							
8	6/6	354	Keith Tapp	71	M	8	9:46	1:43	5	
34:02	1:21	7	21:17 7:06	1:08:06						
9	3/3	339	Rose O'Halloran	51	F	9	9:56	0:33	8	
38:22	0:37	9	21:53 7:18	1:11:19						

*** TRY-A-TRI SPLITS ***
 *** 300M SWIM / 16K BIKE / 3K RUN ***

Place	Sex/Tot	No.	Name	Ag	Sex	Rank	Swim	Pace	T1
Rank	Bike	T2	Rank	Run	Pace	Finish			
1	1/9	306	Emma Young	16	F	1	5:03	1:41	0:24
2	30:20	0:30	2	13:06 4:22	49:21				
2	1/7	318	Nathan Drouillard	18	M	2	6:12	2:04	1:54
1	29:55	0:10	3	13:55 4:39	52:05				
3	2/7	316	Bryan Butcher	45	M	6	6:55	2:19	1:27
3	30:23	0:48	5	15:14 5:05	54:47				
4	3/7	323	Derek Lanoue	26	M	5	6:34	2:12	2:07
5	31:55	0:23	4	14:35 4:52	55:32				
5	4/7	321	Spencer Jean	26	M	7	7:07	2:23	1:56
4	31:16	1:20	12	18:49 6:17	1:00:27				
6	5/7	324	Brayden Mazzella	15	M	3	6:30	2:10	0:58
7	34:44	0:29	10	18:35 6:12	1:01:14				
7	2/9	307	Andrea O'Halloran	17	F	4	6:31	2:11	1:02
8	35:29	0:44	8	17:33 5:51	1:01:18				
8	6/7	325	Jamie Shaw	50	M	10	7:35	2:32	1:45
34:30	13	19:04	6:22 1:02:53						
9	7/7	317	Hans Dinger	61	M	8	7:16	2:26	1:54
6	32:58	0:37	14	20:59 7:00	1:03:42				

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*** MALE SENIOR 14-15 TRIATHLON ***
 ** 400M SWIM / 10K BIKE / 3.34K RUN **

Place	Sex/Tot	No.	Name	Age	Sex	Rank	Swim	Pace	T1
Rank	Bike	Rate	T2	Rank	Run	Pace	Finish		
1		1/23	62 Mathias Yuzdepski		M		3	6:31	1:38
0:20	1	17:39	21.1	0:30	4	12:21	5:58	37:18	
2		2/23	46 Jacob Chant		M		4	6:32	1:38
0:21	7	18:20	20.3	0:21	2	11:59	5:47	37:30	
3		3/23	61 Ian Young		M		9	6:55	1:44
0:27	2	18:12	20.5	0:25	1	11:40	5:38	37:36	
4		4/23	58 Lukas Vadeika		M		2	6:28	1:37
0:39				18:59	6	12:36	6:05	38:40	
5		5/23	65 Liam Yoell		M		6	6:49	1:43
0:26	5	18:20	20.3	0:24	8	12:55	6:15	38:53	
6		6/23	53 Ian Markham		M		1	6:19	1:35
0:24	8	18:29	20.2	0:22	15	13:51	6:42	39:24	
7		7/23	51 Cal Lewis		M		8	6:52	1:43
0:30	4	18:15	20.4	0:24	12	13:42	6:37	39:40	
8		8/23	54 Garrett Mason		M		12	6:56	1:44
0:30	11	19:22	19.3	0:31	5	12:30	6:03	39:48	
9		9/23	69 Adam Voutier		M		11	6:56	1:44
0:23	6	18:20	20.3	0:29	16	13:59	6:45	40:04	
10		10/23	52 Aiden MacKenzie		M		14	7:10	1:48
0:24	12	19:23	19.2	0:30	9	13:02	6:18	40:27	
11		11/23	28 Miguel Alvarez		M		16	7:28	1:52
0:28	13	19:29	19.1	0:26	7	12:48	6:11	40:37	
12		12/23	66 Colton Ross		M		13	6:57	1:45
0:31	15	19:31	19.1	0:22	10	13:23	6:28	40:42	
13		13/23	48 Jack Fairfield		M		15	7:16	1:49
0:30	19	20:18	18.4	0:29	3	12:19	5:57	40:49	
14		14/23	63 Hunter Scholey		M		7	6:52	1:43
0:31	3	18:12	20.5	0:39	21	15:04	7:17	41:16	
15		15/23	57 Patrick Tompkins		M		19	7:34	1:54
0:31	10	19:20	19.3	0:26	11	13:30	6:31	41:20	
16		16/23	50 Alex Lambert		M		5	6:32	1:38
2:35	9	18:53	19.7	0:28	13	13:42	6:37	42:08	
17		17/23	60 Tynan Webb		M		20	7:36	1:54
0:34	17	19:58	18.7	0:33	14	13:46	6:39	42:26	
18		18/23	56 Patrick Morgan		M		17	7:29	1:53
0:32	16	19:48	18.8	0:24	20	14:55	7:13	43:08	
19		19/23	55 Jarod Medd		M		18	7:32	1:53
0:32	18	20:04	18.6	0:22	19	14:42	7:06	43:09	
20		20/23	47 Connor Ciotlos		M		21	7:46	1:57
0:28	20	20:30	18.2	0:35	17	14:10	6:51	43:26	
21		21/23	67 Dj Dunn		M		10	6:55	1:44
0:33	14	19:31	19.1	0:24	23	16:39	8:03	44:00	
22		22/23	45 Grant Black		M		22	9:12	2:18
0:30	21	21:21	17.5	0:42	18	14:11	6:51	45:53	

23 23/23 68 Joffre Dupreez M 23 9:14 2:19
 1:30 22 23:09 16.1 1:08 22 16:35 8:01 51:33

*** FEMALE SENIOR 14-15 TRIATHLON ***
 ** 400M SWIM / 10K BIKE / 3.34K RUN **

Place	Sex/Tot	No.	Name	Age	Sex	Rank	Swim	Pace	T1
Rank	Bike	Rate	T2	Rank	Run	Pace	Finish		
1	1/14	36	Cassie Greer		F		1	6:43	1:41
0:24	6	20:17	18.4	0:33	3	13:58	6:45	41:53	
2	2/14	34	Emily Dodge		F		5	7:14	1:49
0:41	7	20:23	18.3	0:36	1	13:31	6:32	42:23	
3	3/14	32	Gabrielle Bourgault-Kennal		F		3	7:02	1:46
0:23	1	19:43	18.9	0:27	5	15:08	7:19	42:40	
4	4/14	38	Madeline Ongena		F		2	6:59	1:45
0:25	2	19:45	18.9	0:27	9	15:35	7:32	43:09	
5	5/14	41	Capon Aliyah		F		7	7:26	1:52
0:34	5	20:17	18.4	0:33	4	14:23	6:57	43:12	
6	6/14	39	Zoey June Mar Papadakos		F		6	7:14	1:49
0:32	4	19:59	18.7	0:30	7	15:25	7:27	43:40	
7	7/14	43	Allison Westbroek		F		8	7:33	1:54
0:21	3	19:49	18.8	0:31	10	16:04	7:46	44:16	
8	8/14	37	Anna Harris		F		10	7:50	1:58
0:28				22:31	2	13:51	6:41	44:38	
9	9/14	35	Sarah Gillis		F		4	7:11	1:48
0:41	9	21:59	17.0	0:32	8	15:33	7:31	45:54	
10	10/14	33	Kiara Butcher		F		13	8:57	2:15
0:37	11	23:05	16.2	0:34	6	15:18	7:24	48:29	
11	11/14	31	Ainsley Ault		F		12	8:55	2:14
0:40	12	23:07	16.1	0:32	11	16:44	8:05	49:56	
12	12/14	42	Gloria Brown		F		9	7:37	1:55
0:33	13	23:40	15.8	0:29	13	19:39	9:30	51:55	
13	13/14	40	Lily Stibbards-Lyle		F		11	8:53	2:14
0:26	8	21:36	17.3	0:29	14	20:48	10:03	52:11	
14	14/14	13	Erin O'Halloran		F	14	9:11	2:18	0:36
12	19:11	9:17	52:23						

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*** FEMALE JUNIOR 12-13 TRIATHLON ***
 ** 250M SWIM / 10K BIKE / 2K RUN **

Place	Sex/Tot	No.	Name	Age	Sex	Rank	Swim	Pace	T1
Rank	Bike	Rate	T2	Rank	Run	Pace	Finish		
1		1/11	8 Nadiya Linde-Elmhirst		F		3	5:15	2:06
0:29	2	20:04	18.6	0:31	1	8:00	6:24	34:17	
2		2/11	5 Mackenzie Garside		F		4	5:22	2:09
0:33	1	19:55	18.7	0:28	3	8:52	7:05	35:08	
3		3/11	7 Aliksandrea Jones		F		2	5:14	2:06
0:32	3	21:56	17.0	0:24	2	8:23	6:43	36:28	
4		4/11	6 Madalyn Gillis		F		1	5:13	2:05
0:49	4	21:57	17.0	0:40	4	8:54	7:07	37:31	
5		5/11	3 Reegan Chinchilla		F		5	5:29	2:12
0:35	6	23:07	16.1	0:25	7	9:04	7:15	38:38	
6		6/11	4 Alaina Dunn		F		8	5:57	2:23
0:34	5	22:42	16.4	0:27	6	9:03	7:15	38:41	
7		7/11	22 Taylor Tompkins		F		7	5:53	2:21
0:37			23:20	9	9:47	7:50	39:35		
8		8/11	101 Meghan Avsec		F		6	5:30	2:12
0:54	7	24:21	15.3	0:42	8	9:08	7:19	40:34	
9		9/11	2 Alyssa Butcher		F		9	6:08	2:27
0:37	8	24:41	15.1	0:27	5	9:00	7:12	40:50	
10		10/11	11 Keiran Rizzetto-Mann		F		10	7:09	2:52
1:01	9	27:58	13.3	0:25	10	11:04	8:52	47:35	
11		11/11	12 Claudia Morgan		F		11	7:33	3:02
1:15	10	29:30	12.6	0:44	11	11:56	9:33	50:56	

*** MALE JUNIOR 12-13 TRIATHLON ***
 ** 250M SWIM / 10K BIKE / 2K RUN **

Place	Sex/Tot	No.	Name	Age	Sex	Rank	Swim	Pace	T1
Rank	Bike	Rate	T2	Rank	Run	Pace	Finish		
1		1/10	118 Ian Mackenzie		M		1	5:38	2:16
0:22	1	19:09	19.5	0:28	1	7:27	5:58	33:02	
2		2/10	10 Sage Sulentic		M		2	5:39	2:16
0:46	2	20:05	18.6	0:26	3	8:22	6:42	35:17	
3		3/10	24 William Weist		M		6	6:40	2:40
0:44	3	21:05	17.7	0:34	2	7:33	6:03	36:34	
4		4/10	27 Simon Scholey		M		3	5:51	2:21
0:24	4	21:29	17.4	0:30	5	9:00	7:12	37:12	
5		5/10	26 Nicklas Yuzdepski		M		4	5:51	2:21
0:35	5	21:54	17.0	0:30	4	8:36	6:53	37:24	
6		6/10	23 Will Watson		M		5	6:04	2:26
0:29	6	23:00	16.2	0:27	7	9:55	7:56	39:54	

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*** DO-A-DU SPLITS ***
 *** 1.6K RUN / 16K BIKE / 3K RUN ***

Place	Sex/Tot	No.	Name	Ag	Sex	Rank	Run1	T1	Rank	Bike
T2	Rank	Run	Pace	Finish						
1	1/6	355	Keenan Xierchez	31	M	2	6:50	0:51	1	
28:26	0:56	1	15:15 5:05	52:16						
2	2/6	153	René Tamminga	52	M	5	7:34	0:39	2	
29:07	0:37	4	16:57 5:39	54:53						
3	3/6	350	Scott Lacey	45	M	1	6:45	0:28	3	
32:17	0:36	3	16:14 5:25	56:19						
4	1/3	337	Bonnie Handfield-Jo	39	F	3	7:24	0:41	6	
34:07	0:31	2	15:19 5:07	57:59						
5	2/3	336	Jodylyn Fedak	40	F	6	7:46	0:46	4	
33:54	0:42	5	17:20 5:47	1:00:26						
6	4/6	352	Robert O'Neil	44	M	4	7:30	0:48	7	
35:23	0:46	6	17:58 6:00	1:02:22						
7	5/6	351	Miguel Marin	37	M	7	8:04	1:19		
32:06	8	21:18	7:06 1:02:46							
8	6/6	354	Keith Tapp	71	M	8	9:46	1:43	5	
34:02	1:21	7	21:17 7:06	1:08:06						
9	3/3	339	Rose O'Halloran	51	F	9	9:56	0:33	8	
38:22	0:37	9	21:53 7:18	1:11:19						

*** TRY-A-TRI SPLITS ***
 *** 300M SWIM / 16K BIKE / 3K RUN ***

Place	Sex/Tot	No.	Name	Ag	Sex	Rank	Swim	Pace	T1
Rank	Bike	T2	Rank	Run	Pace	Finish			
1	1/9	306	Emma Young	16	F	1	5:03	1:41	0:24
2	30:20	0:30	2	13:06 4:22	49:21				
2	1/7	318	Nathan Drouillard	18	M	2	6:12	2:04	1:54
1	29:55	0:10	3	13:55 4:39	52:05				
3	2/7	316	Bryan Butcher	45	M	6	6:55	2:19	1:27
3	30:23	0:48	5	15:14 5:05	54:47				
4	3/7	323	Derek Lanoue	26	M	5	6:34	2:12	2:07
5	31:55	0:23	4	14:35 4:52	55:32				
5	4/7	321	Spencer Jean	26	M	7	7:07	2:23	1:56
4	31:16	1:20	12	18:49 6:17	1:00:27				
6	5/7	324	Brayden Mazzella	15	M	3	6:30	2:10	0:58
7	34:44	0:29	10	18:35 6:12	1:01:14				
7	2/9	307	Andrea O'Halloran	17	F	4	6:31	2:11	1:02
8	35:29	0:44	8	17:33 5:51	1:01:18				
8	6/7	325	Jamie Shaw	50	M	10	7:35	2:32	1:45
34:30	13	19:04	6:22 1:02:53						
9	7/7	317	Hans Dinger	61	M	8	7:16	2:26	1:54
6	32:58	0:37	14	20:59 7:00	1:03:42				

FEMALE AGE GROUP: 40 - 44

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	365 Lara Bligh Bishop	41	2	15:33	1:57	1:37	1 1:05:58
18.0	1:28	1	36:09	6:02	2:00:44		
2	373 Farah Foster-Mannin	40	1	15:16	1:55		
2	45:57	7:40	2:16:46				

FEMALE AGE GROUP: 45 - 49

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

FEMALE AGE GROUP: 50 - 54

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	379 Maria Eid	53	1	15:17	1:55	1:19	1 58:47
20.2	1:37	1	41:02	6:51	1:57:59		

FEMALE AGE GROUP: 55 - 59

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	371 Jude Stewart	55	1	18:01	2:16	1:24	1 1:08:35
17.3	0:58	1	40:33	6:46	2:09:29		

FEMALE AGE GROUP: 60 - 64

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	369 Cathy McKibbon	63					1 1:03:45
18.6	1:20	2	47:09	7:52	2:09:34		
2	368 Jeanine Mailloux	62	1	24:15	3:02	4:51	2 1:17:59
15.2	2:12	1	40:05	6:41	2:29:19		

FEMALE AGE GROUP: 65 - 69

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

FEMALE AGE GROUP: 70 - 74

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

FEMALE AGE GROUP: 75 - 79

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

FEMALE AGE GROUP: 80 - 99

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

***** MALE OVERALL RESULTS *****
 ** 800M SWIM / 32K BIKE / 6K RUN **

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Run	Pace	Finish				
1	378 Thierry Guertin	44	3	11:13	1:25	0:35	1 44:44
26.6	0:26 26:25	4:25	1:23:21				
2	387 Barry Dalton	38	1	10:07	1:16	0:40	2 50:09
23.7	0:41 24:31	4:06	1:26:06				
3	402 Taylor McArthur	24	4	11:26	1:26	1:04	7 54:31
21.8	0:28 22:36	3:46	1:30:03				

MALE AGE GROUP: 10 - 19

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

MALE AGE GROUP: 20 - 24

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	414 Quentin Broad	20	1	16:26	2:04	2:12	2 1:17:10
15.4	0:31 1 29:56	5:00	2:06:12				
2	415 Hunter Reid	21	3	28:54	3:37	2:02	1 1:17:06
15.4	0:36 2 38:26	6:25	2:27:02				
	397 Kyle Lamont	20	2	21:11	2:39	3:41	3 1:28:55
13.4	0:59						

MALE AGE GROUP: 25 - 29

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				
1	389 Ryan Donaldson	28	1	13:36	1:42	2:59	1 1:14:13
16.0	0:42 1 28:59	4:50	2:00:27				
2	398 Rob Lindsey	28	2	19:38	2:28	1:31	2 1:19:38
14.9	0:33 2 48:11	8:02	2:29:28				

MALE AGE GROUP: 30 - 34

Place No.	Name	Ag Rank	Swim	Pace	T1	Rank	Bike
Rate T2	Rank Run	Pace	Finish				

